



HRVATSKO HUMANITARNO DRUŠTVO  
SARAJEVO - MOJ DOM

("Croatian Humanitarian Association Sarajevo - My Home")

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**AID TO THE ELDERLY AND DISABLED PERSONS**  
**in order to preserve health**

**"LET US GIVE"**

**2011**

Applicant:	Hrvatsko humanitarno društvo Sarajevo – moj dom
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S.W.I.F.T.	UNCR BA 22

## BOSNIA AND HERZEGOVINA

Bosnia and Herzegovina is located in south-eastern Europe on the Balkan Peninsula, between Croatia and Serbia and Montenegro. Bosnia and Herzegovina's capital city, Sarajevo, is located near the centre of the country. Bosnia and Herzegovina declared its sovereignty in October 1991 and then followed a referendum to separate from Yugoslavia (February 1992). In a referendum the majority of the population opted for an independent Bosnia and Herzegovina. The Bosnian Serbs did not vote on the referendum and supported by neighbouring Serbia launched a war in Bosnia and Herzegovina. Soon the war broke out between all three nations. In the U.S. city of Dayton on 21 November 1995 all the warring parties signed a peace accord, which ended a three-year war (the final agreement was signed in Paris on 14 December 1995). The Dayton agreement divided Bosnia into two parts - the Federation of Bosnia and Herzegovina and the Republic of Srpska. The population of Bosnia and Herzegovina in 2005 was estimated by the United Nations (UN) at 3,840,000, which placed it at number 125 in population among the 193 nations of the world. In 2005, approximately 12% of the population was over 65 years of age. Although the census has not been developed in the last two decades, estimates suggest that living in the country today 621 000 people older than 65 years.

## ABOUT US

A group of young enthusiasts in Sarajevo, organized by Friar Mirko Majdandžić and Friar Miljenko Stojić, established the new charity in 2011 in the capital city of Bosnia and Herzegovina under the name of "Croatian Humanitarian Association Sarajevo - My Home." The idea of founding the Association has long lived in the heart of young humanitarian orientated youth who wanted to build part of themselves and their humanity into the lives of those who were left alone and abandoned, and into the lives of those for who usually no one cares. The Statute of the Association defines the following tasks:

- strive to help all needy
- advocate for aid for the elderly, poor, sick
- encourage voluntary work,
- encourage inter-generational, interfamilial and human solidarity,
- take care of the dignity and protect human life from conception to natural death.

## DESCRIPTION OF THE PROBLEM AND BENEFICIARIES OF THE PROJECT

### a) Problem:

Today's society is absolutely deaf to the needs of elderly, abandoned and disabled persons. There is no understanding and empathy for this population, some of it is due to the selfishness some of it is due to the worries about their own problems. In the end, we will all grow old, and eventually will be more or less dependent on others for help. The Association has recognised this problem and met with cases where parents are forgotten by their children or children are abroad

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or not in a position to take care of them. Of course there are those who are trying to help as much as they can, but due to personal poverty are not able to. The greatest suffering of the elderly is loneliness and abandonment. During the visits we often hear: "Do not forget us, we are all alone ..." There are many people who live and die and no one knows about them.

**b) Beneficiaries:**

Direct beneficiaries of this project are the elderly, abandoned and disabled people, the Croats - Catholics who live in Sarajevo Canton. We are planning to visit and to take care for about 80 beneficiaries.

<b>GOALS AND ACTIVITIES</b>
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**a) Main goal**

Provide quality home care (medical and home care) for 80 elderly and in poor health Croat - Catholics in the area of Sarajevo Canton.

**b) Activities**

➤ Selection of people who will visit the beneficiaries

At the beginning of the project two mobile teams will be selected and main responsibilities will include fieldwork and visiting of beneficiaries. In addition, beside the coordinator we are planning to hire nine people (two nurses, six housekeepers and one house repairman).

➤ Staff meeting

Staff will have regular monthly meetings about planning, evaluation and exchange of experience which will be organised in the premises of the Association. At the first meeting it is envisaged to develop a plan and work program. The next meetings, beside the development of timetable for the next month, will include compulsory exchange of experiences and evaluation of the work performed. The plan is to have a total of 12 meetings.

➤ Equipment acquisition

The Project Coordinator will be responsible for the procurement of equipment necessary for field work. The plan is to purchase medical equipment, medicines and sanitary products for the maintenance of households.

➤ Register of beneficiaries

The Project Coordinator will, with a help of pastor, visit and register beneficiaries and also keep details of their needs. In order to provide better assistance it is necessary to have a good database of personal information of beneficiaries, which will be used to decide what kind of help is most

needed. The Coordinator will be responsible for entering data, which will be proved by nurses and housekeepers on monthly bases.

➤ Medical service

The nurse will at least once a month visit the beneficiaries and if necessary provide medical care. This includes checking a blood pressure, blood sugar, wound dressings, giving injections and medications and keeping in contact with doctors.

➤ Housekeeping

Housekeepers will provide house maintaining service, paying bills and buying necessary medicines and foods. To the elderly the loneliness is the biggest enemy, so the housekeepers will be in constant contact with beneficiaries, which is necessary to alleviate the feeling of forgottenness, abandonment or rejection by society.

➤ Minor household repairs

House Repairman will make necessary repairs in a household, and if major difficulties are encountered, qualified personnel will be contacted.

c) **Timeline**

Activities	Months											
	1	2	3	4	5	6	7	8	9	10	11	12
Selection of staff	X											
Equipment and sanitary products acquisition	X											
Staff meetings	X	X	X	X	X	X	X	X	X	X	X	X
Registering of beneficiaries	X											
Medical service	X	X	X	X	X	X	X	X	X	X	X	X
Housekeeping	X	X	X	X	X	X	X	X	X	X	X	X
Household repairs	X	X	X	X	X	X	X	X	X	X	X	X

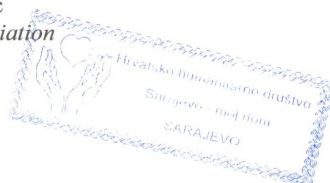
d) **Results**

- Provide insight into the problems of elderly and sick people and make records of the same,
- Medical services provided to the needy (80 beneficiaries),
- Improved hygiene and quality of life of beneficiaries through household maintenance and repair of small defects in the home.

Expert mobile team would enable better social and humanitarian activities of the Association.



Mirko Majdandžić  
*Director of the Association*

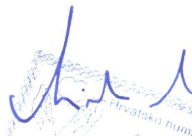




BUDGET					
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No.	Description	Unit measure	Quantity	Price EUR	Total EUR
<b>1</b>	<b>Staff expense</b>				<b>35,340</b>
1.1.	Coordinator	staff x months	1 x 12	300	3,600
1.2.	Nurse	staff x months	2 x 12	300	7,200
1.3.	Housekeepers	staff x months	6 x 12	250	18,000
1.4.	House Repairman	staff x months	1 x 12	250	3,000
1.5.	Staff meetings	months	12	25	300
1.6.	Transportation	staff x months	10 x 12	27	3,240
<b>2</b>	<b>Equipment acquisition expenses</b>				<b>14,358</b>
2.1.	Sanitary equipment (hygiene items, towels, gloves)	staff x months	80 x 12	8	7,680
2.2.	Blood Pressure gauge	piece	2	75	150
2.3.	Gauging		2	25	50
2.4.	Gauge for sugar	piece	2	55	110
2.5.	Test stripes	box	24	24	576
2.6.	Tufers	packages	48	2	96
2.7.	Diapers and pads for adults	packages	240	15	3,600
2.8.	Syringes and needles	packages	20	10	200
2.9.	The catheter systems (bags)	piece	100	1	100
2.10.	Shovel	piece	3	6	18
2.11.	Bed urinal	piece	3	6	18
2.12.	Waterproof mattress covers for disabled	piece	10	6	60
2.13.	Under the armpit crutches	piece	3	38	114
2.14.	Elbow crutches	piece	3	30	90
2.15.	Massage Cream-Voltaren	piece	60	5	300
2.16.	Creams for veins	piece	40	6	240
2.17.	Gloves	packages	24	5	120
2.18.	Patches for diabetics	piece	40	3	120
2.19.	Analgesics	packages	160	1	160
2.20.	Calcium	piece	80	2	160
2.21.	Gauze and bandages	packages	20	5	100
2.22.	Thermometer	piece	2	5	10
2.23.	Beg for nurses	piece	2	75	150
2.23.	Coats for nurses	piece	2	20	40
2.24.	Aprons for housekeepers	piece	12	8	96

No.	Description	Unit measure	Quantity	Price EUR	Total EUR
3	Office and utilities costs				900
3.1.	Office facilities and utilities	months	12	25	300
3.2.	Phone and internet	months	12	25	300
3.3.	Office supplies	months	12	15	300
Grand total in EUR					50,598

  
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